# FUN AND FRIENDSHIP!

17TH -21ST FEBRUARY

2025

## MONDAY

17/02/25

#### **MANTRA MONDAY**

Let's uplift others with positive thoughts! Show your appreciation by creating colourful bracelets to exchange. Create a friendship photo collage and enjoy some group games.

## **TUESDAY**

18/02/25

### **THANKFUL TUESDAY**

Begin the day with a 'Wake up, shake up! With Alison, sports coach. Get back to nature and enjoy a fun session in the Forest school area.

## WEDNESDAY

19/02/25

#### WELL-BEING WEDNESDAY

Chill out and relax with your friends!
Start the day limbering up with yoga by Lauren (from Creative Flair dance studio). Enjoy nail art and face painting (written consent required).

## **THURSDAY**

20/02/25

#### THOUGHTFUL THURSDAY

**Decorate friendship cakes and biscuits.** Enjoy a day of 'Friendship' themed craft.

## **FRIDAY**

21/02/25

#### FEEL GOOD FRIDAY

Let's get some steps in! Take a morning walk to the local park. (written consent required). Have fun with your friends and return to club for a movie afternoon with popcorn treats. Other activities will remain to be available.

Whilst the weeks activities are themed, children can freely choose a wide range of indoor and outdoor activities. Our aim is to have lots of fun and to make new friends in a relaxed, safe environment with our experienced team of staff.

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